

## FROM THE PARISH

**Church Gate Collection** will take place next weekend 11<sup>th</sup>/12<sup>th</sup> July in aid of Concern Worldwide.

**Parish Office:** All Anniversary Masses are to be booked through the parish office Monday—Friday 9am to 5pm **071 9162670**.

**First Friday Calls:** If anyone would like to receive a house call on the First Friday of each month, please kindly contact the Parish Office on **071 9162670**.

**Parish Shop:** The Parish Shop in the Gillooly Hall is open on Saturdays from 11am to 2pm.

**Sunday Collection:** Income 28<sup>th</sup> June - €3,528

Parish Expenditure - €5,336

You can also scan the QR Code to make a donation.



Thank you for your ongoing contributions, we deeply appreciate your continued Financial support. Tap donation system at the back of the Cathedral for donations.

## FROM THE DIOCESE

**St. Joseph's Young Adult Community – Applications Invited:** The Dioceses of Achonry and Elphin invite applications from young people aged 18 to 30 years who wish to live at St. Joseph's Young Adult Community, an intentional faith community in Sligo town, while going about their regular work or study in Sligo. To apply: email [youth@achonryelphin.ie](mailto:youth@achonryelphin.ie) For further information: [www.achonryelphin.ie](http://www.achonryelphin.ie)

**Achonry & Elphin Diocesan Pilgrimage to Knock:** The Achonry & Elphin Diocesan Pilgrimage to Knock Shrine takes place on Sunday, 16<sup>th</sup> August 2026. There will also be a Family Day on the same date offering various activities for families with children of all ages. The Dioceses extend a special invitation to altar servers and their families to join the pilgrimage.

**Guided Prayer Afternoon:** Join the Fr Peyton Centre, Attymass, Ballina, Co. Mayo (F26 X884) for a Guided Prayer Afternoon on Thursday, July 9<sup>th</sup> from 2pm to 4.30pm. The afternoon will include: rosary, meditation, silent time, and Mass. For information contact: Fina 096 45374 / 087 6816821.

**Eucharistic Healing Service - Star of the Sea Retreat Centre:** On Monday, 13<sup>th</sup> July at 7.30pm, a Eucharistic Healing Service takes place in Our Lady Star of the Sea Public Oratory, Mullaghmore, Co. Sligo, F91 CC98. Led by Deacon Frank McGuinness and Louise McGuinness, the event is free.

**RTE to Broadcast Documentary about Father Edward Flanagan:** RTÉ One television will broadcast the feature-length documentary *Heart of a Servant - Father Flanagan Story*, at 9.30pm on Monday 6<sup>th</sup> July. This is an excellent production focusing on a very important personality and native of our diocese, and it informatively recounts the challenges and successes, against the odds, of an exemplary Irish-American priest.

**Abide in His Love Women's Conference:** Takes place at the Great Northern Hotel, Bundoran, from 20<sup>th</sup> – 22<sup>nd</sup> November 2026. Join women from across Ireland for a faith-filled weekend with inspiring speakers including Sarah Swafford, Danielle Noonan, Fr. Mark Wharton, Fr. Barry Braum, Fr. Oisín Martin, the Dominican Sisters of Nashville, Bishop Fintan Gavin, and more. Register: <https://abideinhislove.eventbrite.com>



## CATHEDRAL OF THE IMMACULATE CONCEPTION, SLIGO NEWSLETTER Sunday 5<sup>th</sup> July 2026



## FOURTEENTH SUNDAY IN ORDINARY TIME

*"Come to me, all you who labour and are  
overburdened, and I will give you rest."*

*Matthew 11:28*



## CATHEDRAL MASS TIMES

Monday—Thursday 8.00am & 10.30am

Friday & Saturday 10.30am & 7.00pm

Saturday Vigil Mass at 7pm

Sunday at 8.30am, 10.30am, 12 Noon & 7pm

Confessions Saturday 2pm-4pm

Tap donation system now operational at the back of the Cathedral.

Please take both the newsletter and missalette home. Thank you.

## TODAY - Fourteenth Sunday in Ordinary Time

### LABOUR AND OVERBURDENED

I laugh a bit when I read the phrase: "Come to me all you labour and are overburdened." Matthew 11:28) Isn't that everyone? Who doesn't labour and feel completely overwhelmed? Maybe there are some folks out there that don't feel that way but I do. Technology was supposed to make our lives and communication much easier but it seems to have made daily living more complicated and onerous. Life can seem like an interminable struggle with no peace or rest. The author Gabriel García Márquez summed it up this way in his Book 'Love in the Time of Cholera': "I'll have plenty of time to rest when I die, but this eventuality is not yet part of my plans." Jesus is telling us that if we are labouring in his work we will find peace in our hearts. His plan for us is not oppressive work but rather working to build his Kingdom. Ultimately, this will give us joy and allow us to truly flourish. We will find rest if we are doing the will of the Father. Pope Benedict XVI, in his Angelus address of 3<sup>rd</sup> July 2011 said "The true remedy for humanity's wounds, both material — such as hunger and injustice in all its forms — and psychological and moral, caused by a false well-being, is a rule of life based on fraternal love, whose source is in the love of God." Let our purpose in life, loving God and seeking to do his will, lead us to resting in Christ.

### 14<sup>th</sup> Week in Ordinary Time, Monday 6<sup>th</sup> July

**St. Maria Goretti, Virgin & Martyr (Optional Memorial)**

**St. Moninne, Virgin (Optional Memorial)**

**8am Mass: Special Intention**

**10.30am Mass: Vladimir, Lyudmila, Stanislav Fedonenko**

### 14<sup>th</sup> Week in Ordinary Time, Tuesday 7<sup>th</sup> July

**St. Maelruain, Bishop & Abbot (Optional Memorial)**

**8am Mass: Special Intention**

**10.30am Mass: Peg McKeon (Anniversary)**

### 14<sup>th</sup> Week in Ordinary Time, Wednesday 8<sup>th</sup> July

**St. Kilian, Bishop & Martyr (Optional Memorial)**

**8am Mass: Special Intention**

**10.30am Mass: Michael Flynn (Anniversary)**

### 14<sup>th</sup> Week in Ordinary Time, Thursday 9<sup>th</sup> July

**Ss. Augustine Zhao Rong, Priest, & Companions, Martyrs (Optional Memorial)**

**8am Mass: Special Intention**

**10.30am Mass: Frank Kelly (Anniversary)**

### 14<sup>th</sup> Week in Ordinary Time, Friday 10<sup>th</sup> July

**10.30am Mass: Tom & Enda Marie Staunton (Anniversary)**

**7.00pm Mass: Sheila O'Grady (Anniversary)**

This week's Newsletter is  
sponsored in memory of  
Sheila O'Grady

### 14<sup>th</sup> Week in Ordinary Time, Saturday 11<sup>th</sup> July

**St. Benedict, Abbot, Patron of Europe (Feast)**

**10.30am Mass: Deirdre Quinn Schmidt (Month's Mind)**

**7.00pm Mass**

### Sunday Readings for 12<sup>th</sup> July

**1<sup>st</sup> Reading: Is 55:10-11; 2<sup>nd</sup> Reading: Rm 8:18-23; Gospel: Mt 13:1-23.**

### REST IN PEACE

Your prayers are kindly asked for the repose of the souls of:

**Patricia O'Connor, Joseph Cullen.**

MAY GOD GRANT THEM ETERNAL REST IN HIS HEAVENLY KINGDOM, AND COMFORT AND  
CONSOLE THEIR FAMILIES AND FRIENDS.

### Parish Office Hours

**Monday to Thursday: 9:30am-5pm & Friday: 9:30am-4pm 071 9162670**

**Email: [info@sligocathedral.ie](mailto:info@sligocathedral.ie)**

**If you would like to donate to the Cathedral Parish please make cheques payable  
to the following A.I.B. bank account:**

**Elphin Diocese Cathedral No.1 Parish account.**

**THANK YOU for your support of our Parish and Cathedral.**