

FROM THE PARISH

Parish Office: All Anniversary Masses are to be booked through the parish office Monday—Friday 9am to 5pm **071 9162670**.

First Friday Calls: If anyone would like to receive a house call on the First Friday of each month, please kindly contact the Parish Office on **071 9162670**.

Parish Shop: The Parish Shop in the Gillooly Hall is open on Saturdays from 11am to 2pm.

Sunday Collection: Income 5th July - €3,716
Parish Expenditure - €14,850

You can also scan the QR Code to make a donation.

Thank you for your on going contributions, we deeply appreciate your continued Financial support.

Tap donation system at the back of the Cathedral for donations.



FROM THE DIOCESE

Achonry & Elphin Diocesan Pilgrimage to Knock: The Achonry & Elphin Diocesan Pilgrimage to Knock Shrine takes place on Sunday, 16th August 2026. There will also be a Family Day on the same date offering various activities for families with children of all ages. The Dioceses extend a special invitation to altar servers and their families to join the pilgrimage.

Eucharistic Healing Service - Star of the Sea Retreat Centre: On Monday, 13th July at 7.30pm, a Eucharistic Healing Service takes place in Our Lady Star of the Sea Public Oratory, Mullaghmore, Co. Sligo, F91 CC98. Led by Deacon Frank McGuinness and Louise McGuinness, the event is free and all are welcome.

St. Joseph's Young Adult Community – Applications Invited: The Dioceses of Achonry and Elphin invite applications from young people aged 18 to 30 years who wish to live at St. Joseph's Young Adult Community, an intentional faith community in Sligo town, while going about their regular work or study in Sligo. To apply: email youth@achonryelphin.ie For further information: www.achonryelphin.ie

Achonry and Elphin Diocesan Pilgrimage to Lourdes: The Achonry and Elphin Diocesan Pilgrimage to Lourdes takes place from 28th August to 2nd September 2026 inclusive, led by Bishop Kevin Doran. To book, contact Joe Walsh Tours (JWT) at 01 6852244 or email info@joewalstours.ie

Abide in His Love Women's Conference: Takes place at the Great Northern Hotel, Bundoran, from 20th - 22nd November 2026. Join women from across Ireland for a faith-filled weekend with inspiring speakers including Sarah Swafford, Danielle Noonan, Fr. Mark Wharton, Fr. Barry Braum, Fr. Oisín Martin, the Dominican Sisters of Nashville, Bishop Fintan Gavin, and more. A conference not to be missed! Register now: <https://abideinhislove.eventbrite.com>



CATHEDRAL OF THE IMMACULATE CONCEPTION, SLIGO NEWSLETTER Sunday 12th July 2026



FIFTEENTH SUNDAY IN ORDINARY TIME



CATHEDRAL MASS TIMES

Monday—Thursday 8.00am & 10.30am

Friday & Saturday 10.30am & 7.00pm

Saturday Vigil Mass at 7pm

Sunday at 8.30am, 10.30am, 12 Noon & 7pm

Confessions Saturday 2pm-4pm

Tap donation system operational at the back of the Cathedral.

TODAY - Fifteenth Sunday in Ordinary Time

PARABLE OF THE SOWER

It is often remarked that despite the great risks and heroic hardships and personal suffering endured by the early Jesuits missionaries to Japan, such as St Francis Xavier, in the 16th Century, less than 2% of the Japanese are Christian today. And yet, God tells the prophet Isaiah (Isaiah 55:10) that the word God will not return to God empty, without carrying out his will, or succeeding in what it was sent to do. We have to have faith and trust in the effectiveness of the Holy Spirit in our world. Thomas Merton wrote:

“Every moment and every event of every man’s life on earth plants something in his soul. For just as the wind carries thousand of winged seeds so each moment brings with it germs of spiritual vitality that comes to rest imperceptibly in the minds and wills of men. Most of these unnumbered seeds perish and are lost, because men are not prepared to receive them: for such seeds as these cannot print up anywhere except in the good soil of freedom, spontaneity, and love.” (*New Seeds of Contemplation*, 1949)

We must remain always open to the word of God, the winged seeds, and trust in its efficacy. Always be optimistic. When the Jesuit Superior General, Pedro Arrupe, was asked where his supernatural confidence came from he said: “If God is for us who can be against us? Yes, I am optimistic, and I will tell you why: because God works over the long haul.” (*Irish Jesuit Provincial Archives*, 1971)

15th Week in Ordinary Time, Monday 13th July

St. Henry (Optional Memorial)

Anniversary of the Episcopal Ordination of Most Rev. Kevin Doran

8am Mass: Special Intention

10.30am Mass: Ken Cunningham (Anniversary)

15th Week in Ordinary Time, Tuesday 14th July

St. Camillus de Lellis, Priest (Optional Memorial)

8am Mass: Special Intention

10.30am Mass: Maureen Gilmartin (Anniversary)

15th Week in Ordinary Time, Wednesday 15th July

St. Bonaventure, Bishop and Doctor of the Church (Memorial)

8am Mass: Special Intention

10.30am Mass: Bernard, Kathleen, Marcena & Bernadette Forde (Anniversary)

15th Week in Ordinary Time, Thursday 16th July

Our Lady of Mount Caramel (Optional Memorial)

8am Mass: Special Intention

10.30am Mass: Michael & Mary Nelson (Anniversary)

15th Week in Ordinary Time, Friday 17th July

10.30am Mass: Sr. M. John Aloysius M.C. (Recently Deceased)

7.00pm Mass: Anne Wall (Anniversary)

15th Week in Ordinary Time, Saturday 18th July

Saturday Mass of the Blessed Virgin Mary

10.30am Mass

7.00pm Mass

This week's Newsletter
is not sponsored.

Sunday Readings for 19th July

1st Reading: Wis 12:13, 16-19; 2nd Reading: Rm 8:26-27;
Gospel: Mt 13:24-43.

Parish Office Hours

Monday to Thursday: 9:30am-5pm & Friday: 9:30am-4pm 071 9162670

Email: info@sligocathedral.ie

If you would like to donate to the Cathedral Parish please make cheques payable
to the following A.I.B. bank account:

Elphin Diocese Cathedral No.1 Parish account.

THANK YOU for your support of our Parish and Cathedral.