

FROM THE PARISH

Novena: St. Teresa of Calcutta Novena takes place in The Cathedral of the Immaculate Conception until Thursday 4th September. Sunday 31st August Rosary at 6.30pm followed by Mass 7.00pm. Monday 1st September to Thursday 4th September Exposition (Adoration) Rosary Novena 6.30pm, Benediction 7.30pm. Mothers Feast Friday 5th September, Rosary 6.30pm, Mass 7.00pm.

Cathedral Celebrates 150 Years: The Cathedral of the Immaculate Conception, Sligo celebrates 150 years with Mass at 7pm on Friday 12th September. Reception afterwards in Gillooly Hall. All welcome.

Sligo Samaritans: We are recruiting new volunteers with an open evening at the Samaritan Centre on the Mall. on 3rd Sept. and the 9th Sept. between 7pm and 9pm. You are invited to attend one of the sessions. Looking forward to seeing you there.

Sowing Seeds of Hope: Are you concerned about the world we live in? Please join us for a conversation and some reflection on the created world and prayer as we explore how we can support each other and our common home. Summerhill College Library on Tuesday September 9th, Tuesday September 16th and Tuesday September 23rd at 8pm each evening. More details contact Fina Golden 087 681 6821

Church Gate Collection: Pro-Life Campaign annual church gate collection will be held on the 6th/7th September.

Parish Shop: The Parish Shop in the Gillooly Hall is open on Saturdays **from 11am to 2pm.**

Sunday Collection: **Income 24th August - €4,410, Restoration €2—€90.**

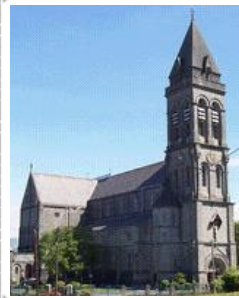
Parish Expenditure - €2,352

Thank you for your on going contributions, we deeply appreciate your continued Financial support. Tap & Go System at the back of the Cathedral for donations.

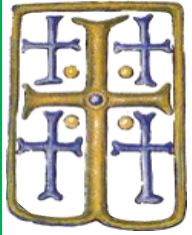
FROM THE DIOCESE

Why Sunday Matters – Pastoral Message from Irish Bishops: As we journey together through this Jubilee Year of Hope, the Irish Bishops warmly invite all Catholics to reflect on the profound gift of Sunday Mass. This special year offers a unique opportunity to rediscover the heart of our faith and, for those who have been away, to return with renewed joy to the celebration of the Eucharist. Sunday – the day of the Lord – has always held a central place in the life of the Church. It is the day of resurrection, rest, and Eucharist. It is the day when we gather as a community, united in our love for Christ, to encounter the risen Lord and be nourished in body and soul. Attending Sunday Mass, or its vigil on Saturday evening, is more than a duty; it is a sacred privilege and a chance to be renewed by God's love. Read the message in full on www.elphindiocese.ie

Jubilee of Marriages: Couples celebrating their Silver, Ruby, Golden, Diamond, Platinum or other wedding anniversaries are invited to attend a Jubilee Mass, along with their families and friends, on Sunday 5th October at 2.30pm in Sligo Cathedral or Sunday 19th October at 2.30pm in Strokestown Church. Bishop Kevin will celebrate both Masses. Light refreshments will be served afterwards for all in attendance. As each couple celebrating an Anniversary will receive a certificate from Bishop Kevin, they are asked to register their details at www.elphindiocese.ie/jubileeofmarriages



CATHEDRAL OF THE IMMACULATE CONCEPTION, SLIGO NEWSLETTER Sunday 31st August 2025



TWENTY-SECOND SUNDAY IN ORDINARY TIME



CATHEDRAL MASS TIMES

Monday–Thursday 8.00am & 10.30am

Friday & Saturday 10.30am & 7.00pm

Saturday Vigil Mass at 7pm

Sunday at 8.30am, 10.30am, 12 Noon & 7pm

No Confessions Saturday 6th September due to wedding.

Tap and Go System now operational at the back of the Cathedral.

Please take both the newsletter and missalette home. Thank you.

TODAY - Twenty-Second Sunday in Ordinary Time

POSTURE DURING MASS

When we pray at Holy Mass we pray with our whole body and our whole being. As we enter the Church we gesture with the sign of the Cross immediately signalling our intentions and prayerfulness. The posture of our body during Holy Mass conveys our reverence and allows us to be in the right frame of mind and spirit to receive the word of God and the Holy Eucharist. Our physical posture allows us to engage with the supernatural mysteries of our faith in a very concrete way.

When you travel to other dioceses you have likely noticed that different Churches adopt different standards and norms with regard to liturgical posture during Mass. In the Diocese of Elphin we follow the norms outlined in the General Instruction of the Missal and elaborated in the book **"Celebrating the Mystery of Faith: A Guide to the Mass"** produced by the **National Centre for the Liturgy** (https://www.catholicbishops.ie/wp-content/uploads/2024/09/Celebrating-the-Mystery_2011-ed_web.pdf) regarding posture during Holy Mass. As the Mother Church of the Diocese we aim to participate in liturgy in such as was as to be a model for the whole diocese. Naturally, for those who are physically unable to stand or kneel, sitting is an acceptable option. The priest may help in guiding the congregation as to the appropriate posture in different times of the Mass. Below is a simplified summary of liturgical posture during Holy Mass that we are following in the Diocese of Elphin.

22nd Week in Ordinary Time, Monday 1st September

World Day of Prayer for the Care of Creation

8am Mass: Special Intention

10.30am Mass: Thomas McGoldrick (Anniversary)

22nd Week in Ordinary Time, Tuesday 2nd September

8am Mass: Special Intention

10.30am Mass

22nd Week in Ordinary Time, Wednesday 3rd September

St. Gregory the Great, Pope & Doctor of the Church (Memorial)

8am Mass: Michéal Cawley & Liam Cawley (Anniversary)

10.30am Mass: Danny & Cait Casey & deceased family members (Anniversary)

22nd Week in Ordinary Time, Thursday 4th September

St. Mac Nissi, Bishop (Optional Memorial)

8am Mass: Special Intention

10.30am Mass: Peter Hegarty (Anniversary)

22nd Week in Ordinary Time, Friday 5th September

10.30am Mass: Nora Rafferty (Anniversary)

7.00pm Mass

22nd Week in Ordinary Time, Saturday 6th September

Saturday Mass of the Blessed Virgin Mary

10.30am Mass: David Gillen (Month's Mind)

7.00pm Mass

This week's Newsletter
is not sponsored.

Sunday Readings for 7th September

**1st Reading: Wis 9:13-18; 2nd Reading: Phm 9-10, 12-17;
Gospel: Lk 14:25-33.**

Parish Office Hours

**Monday to Thursday: 9:30am-5pm & Friday: 9:30am-4pm 071 9162670
Email: info@sligocathedral.ie**

**If you would like to donate to the Cathedral Parish please make cheques payable
to the following A.I.B. bank account:**

Elphin Diocese Cathedral No.1 Parish account.

THANK YOU for your support of our Parish and Cathedral.