

## FROM THE DIOCESE

### Covid-19: One Year On – A Pastoral Message from the Bishops of the Tuam Province

*“Many of us will be familiar with the experience of arriving at what we thought was the top of a mountain only to discover that there is still further to climb. Sometimes the last bit can be the hardest of all. We understand the experience of disappointment and frustration that many people feel, at the news of an indefinite extension of lockdown.”* Read the message in full at [www.elphindiocese.ie](http://www.elphindiocese.ie)

### Springtime: A Prayer Guide for the Season of Lent

The restrictions in place because of Covid-19 mean that as a Christian Community we cannot gather for our usual religious services. This situation challenges us to find new ways of reflecting on our faith and praying in our homes as the *“Domestic Church”*. It is hoped that this guide, prepared by the Diocese of Clonfert and the Diocese of Elphin, will assist you in doing just that. When we gather again in Church, let us not forget to enrich our spiritual lives by continuing to pray at home. Download the Lenten Prayer Guide at [www.elphindiocese.ie](http://www.elphindiocese.ie)

### Holy Hour Online

Elphin Youth Ministry with Elphin NET Team will host a Holy Hour every Tuesday evening which will be broadcast on Facebook live and Instagram. It can be accessed via any of the links below. Music, Prayer, Reflection, Healing and Blessing. Facebook Live: <https://www.facebook.com/elphindiocese/live> Instagram: [Instagram.com/elphinnetteam](https://www.instagram.com/elphinnetteam)

### Weaving the Tapestry of Death and New Life

Lenten and Easter Scripture Based Opportunity. Details available at [www.elphindiocese.ie/lent-easter](http://www.elphindiocese.ie/lent-easter). All welcome.

### Lenten Reflection Podcasts

For Busy People. See Fr. Niall Ahern's reflections at [www.elphindiocese.ie/reflections](http://www.elphindiocese.ie/reflections)

### Lenten Way of Gentleness

Mondays 8 - 9pm at [www.churchservices.tv/strandhill](http://www.churchservices.tv/strandhill). All welcome.

### COVID-19 Support Line for Older People

The support line is open seven days a week, 8am - 8pm by calling **0818 222 024**.

### CANA At Home

Free on-line couple retreat hosted by CANA Ireland via our YouTube Channel *CANA Journey*. This retreat will happen fortnightly from 29<sup>th</sup> January for 6 Broadcasts. [www.canaireland.org](http://www.canaireland.org)

### Getting Started Kit

Now more than ever it is important to have internet skills to keep in touch with family and friends. Age Action is offering 5 hours of *free* remote tutoring by phone/ video call to help older people use their smartphone, computer, tablet or iPad. This programme takes place in your own home at a time that suits you. Call **01 4756989** or email

[gettingstarted@ageaction.ie](mailto:gettingstarted@ageaction.ie)



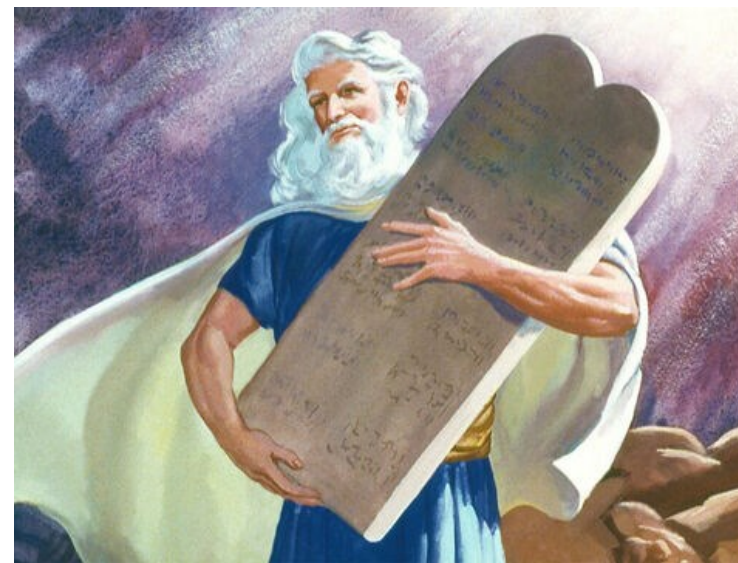
CATHEDRAL OF THE  
IMMACULATE CONCEPTION, SLIGO

# NEWSLETTER

Sunday 7<sup>th</sup> March 2021  
THIRD SUNDAY OF LENT

Elphin  
Diocesan  
Year of  
Prayer for  
Vocations

## THIRD SUNDAY OF LENT



### CATHEDRAL MASS TIMES

Mass can be viewed live online through our website  
[www.sligocathedral.ie/live-feed-from-cathedral/](http://www.sligocathedral.ie/live-feed-from-cathedral/)  
Monday-Sunday at **10.30am & 7.00pm**

Online Adoration (After Mass in the Blessed Sacrament Chapel)  
Monday-Sunday at **7.30pm - 8.30pm**

Please take both the newsletter and missalette home. Thank you.

## TODAY - Third Sunday of Lent, 7<sup>th</sup> March

In our society, road regulations and rules are made to help road users to keep safe. The Ten Commandments given by God to us through Moses (*Exodus 20:1-17*) are to help us foster a good friendship with God and with one another. This makes us happy and safe like road users who obey the road regulations and rules.

## 3<sup>rd</sup> Week of Lent, Monday 8<sup>th</sup> March

### OPTIONAL MEMORIAL OF ST. JOHN OF GOD, RELIGIOUS

**10.30am Mass:** Lily & Michael Hughes (Anniversary)

**7.00pm Mass:** Mary-Bridget Gethins (Anniversary)

## 3<sup>rd</sup> Week of Lent, Tuesday 9<sup>th</sup> March

### OPTIONAL MEMORIAL OF ST. FRANCES OF ROME, RELIGIOUS

**10.30am Mass:** Deceased members of the Flynn Family (Wolfe Tone St)

**7.00pm Mass:** Gus Kivlehan (Anniversary Mass)

## 3<sup>rd</sup> Week of Lent, Wednesday 10<sup>th</sup> March

**10.30am Mass:** Jim & Benny Lynch (Anniversary)

**7.00pm Mass:** Special Intentions

## 3<sup>rd</sup> Week of Lent, Thursday 11<sup>th</sup> March

### OPTIONAL MEMORIAL OF ST. AENGUS, BISHOPS AND ABBOT

**10.30am Mass:** Stephan Murren (Anniversary)

**7.00pm Mass:** Breege Preston (Anniversary)

## 3<sup>rd</sup> Week of Lent, Friday 12<sup>th</sup> March

**10.30am Mass:** Patricia Sheridan (Birthday Remembrance)

**7.00pm Mass:** Karen O'Connell & Myra Brennan (Anniversary)

## 3<sup>rd</sup> Week of Lent, Saturday 13<sup>th</sup> March

**10.30am Mass:** Peggy Murrucane (Month's Mind)

**7.00pm Mass:** Betty Comiskey (Anniversary)

This week's Newsletter is sponsored in remembrance of Betty Comiskey.

## Sunday Readings for 14<sup>th</sup> March

**1<sup>st</sup> Reading:** 2 Chron 36:14-16; **2<sup>nd</sup> Reading:** Eph 2:4-10; **Gospel:** John 3:14-21.

### Parish Office Hours

**Monday to Thursday:** 9.30am-4pm & **Friday:** 9.30am-2pm

**Phone:** 071 9162670

**Email:** [info@sligocathedral.ie](mailto:info@sligocathedral.ie)

Restoration Fund website: [www.saveaslate.com](http://www.saveaslate.com)

Join us online with live WEB STREAMING on our website: [www.sligocathedral.ie](http://www.sligocathedral.ie)

If you would like to donate to the Cathedral Parish during this difficult time please make cheques payable to the following A.I.B. bank account:

**Elphin Diocese Cathedral No.1 Parish account.**

**THANK YOU** for your support of our Parish and Cathedral.